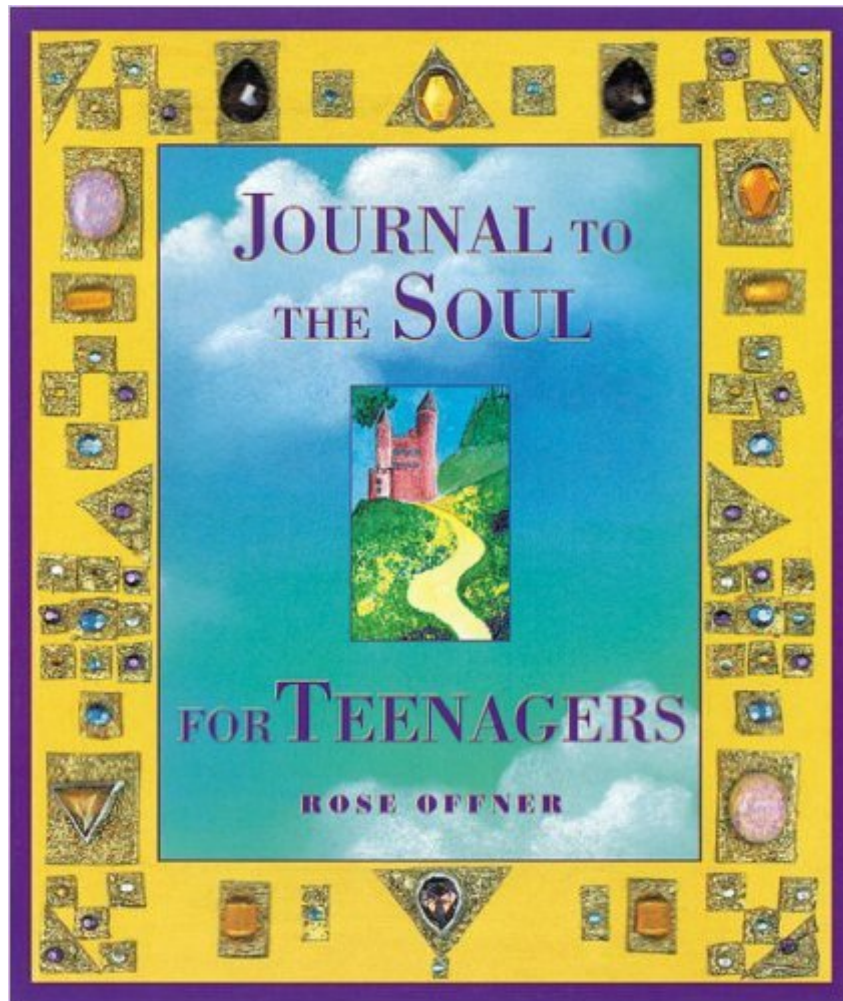


The book was found

Journal To The Soul For Teenagers (Heart & Star Books)



Synopsis

a journal with instructions on how to begin, self-inquiry, family and friends, forgiveness, finding your voice, love, change, your heart

Book Information

Age Range: 12 and up

Series: Heart & Star Books

Diary: 144 pages

Publisher: Celestial Arts; 1 edition (November 1, 1999)

Language: English

ISBN-10: 0890878994

ISBN-13: 978-0890878996

Product Dimensions: 10 x 6.7 x 0.5 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #2,493,907 in Books (See Top 100 in Books) #35 in [Books > Children's Books > Activities, Crafts & Games > Activity Books > Diaries](#) #164 in [Books > Teens > Hobbies & Games > Crafts & Hobbies](#) #164 in [Books > Teens > Personal Health > Body, Mind & Spirit](#)

Customer Reviews

I think this is a really neat book. It has over 30 different topics in it for you to write about. It gives you several pages to use for each topic. This book gives you ideas on what to write about, and most of them are interesting topics. Any teenager who enjoys any sort of journal writing would like this book. It gets you thinking, and is a fun way to record your thoughts about different issues, from family relationships, to crushes, to the pressures today's teens face.

This was a wonderful journal. It's not like any journal, this one helps guide you through and helps you overcome some of your greatest fears. It helps you accomplish things and you find out things about yourself that you didn't know. I love this journal and I think that every teenager should have one. It is very decorative and that helps me a lot. This journal has done a lot for me. You did a great job Rose!

When I first got the journal, I remember thinking that this author was the only one that really seemed like she related best to teenagers. She touches on many subjects and situations that happened to

me, or feelings I had once had. I started writing in the journal, then I became addicted. I always wanted to come home to fill it out, especially on really good days, or really bad days. This journal was the first journal that truly helped me in my life. It was very helpful and healing. The author did an excellent job creating this piece of art!!!! I believe the Journal could help anyone...

I got this book from my mom when I was in my late teens and this book helped change my life. I was defiantly going threw a very hard time at that point and this book helped me express things that I didn't feel comfortable telling anyone. It helped me get to know myself. I look back on it and read it from time to time. I highly recommend this book..

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